



Laois Marlins Swimming Club

LAOIS SWIMMING CLUB – FEB FUN GALA – Feb 11th 2023

Meet Licence No: TBC

Chairperson:

Leinster Officials: Ross Moore (Referee) & Anna Hayes (Starter/Stroke)

7th January 2023

Dear Secretary,

I am pleased to enclose details of our upcoming February Fun Gala which will be held this year on Saturday 11th February at the Portlaoise Leisure Centre, Portlaoise, Co. Laois.

In order to provide a safe environment and in compliance with Covid best practise we will be changing the format for the gala this year. In essence we will have 2 sessions – session 1 will be for swimmers aged 11 & under and session 2 will be for swimmers aged 12-14. There will be a break between the sessions, but we will ensure it is at the end of the 11 & under swims. With this there is a change in the age groups, it will be for 9 & U & 10-11 for Session 1, Session 2 will be 12, and 13-14.

We hope the above format will suit younger swimmers who can do their events in relatively quick succession, without getting cold waiting around and make the day as short and easy as possible for new swimmers and their nervous parents 😊

A Swim Ireland Registration Number must be included for all swimmers. If you have any queries we would be glad to take them by phone or email. As per SI guidelines the minimum age for entry into the gala is for swimmers aged 7 as at 31.12.2023, in addition a local maximum age restriction of 14 as at 31.12.2023 will also apply. Diving blocks will be positioned at the deep end of the pool. Stopwatch- timing will be in use. A copy of all your swimmer's times/results will also be made available to clubs at the conclusion of the gala. Results will also be posted on the Leinster Swimming website. **Finally we will be applying a 4 event limit for all swimmers regardless of age.** We hope not to have to apply further restrictions on numbers, but we might have to if the gala is over subscribed.

Please note that this is a level 1 fun gala hence times achieved will not count for any Level 3 or higher competition, but will be sent to all visiting coaches for the clubs own records.

We look forward to welcoming your club swimmers to Portlaoise in February

Yours Sincerely

Judith O' Connor

Gala Secretary LMSC

LAOIS SWIMMING CLUB

FEBRUARY FUN GALA

VENUE: PORTLAOISE LEISURE CENTRE, PORTLAOISE, CO. LAOIS

DATE: **SATURDAY 11th FEBRUARY**

TIMES SESSION 1: WARM-UP 11:00 START 12:00*

TIMES SESSION 2: WARM-UP 14:15 START 15:00*

*Warm up and start times are subject to change.

SCRATCHES: Friday 10th February 19:00

ORDER OF EVENTS: AS PER ATTACHED LIST.

ENTRY FEES: €7.00 PER INDIVIDUAL EVENT (CAP OF 4 events per swimmer)

CHEQUES PAYABLE TO **"LAOIS MARLINS SWIM CLUB"**

TIMING: STOP WATCH TIMING WILL BE USED FOR THIS GALA.

AGE GROUPS: Session 1 – All 50s (7-9, 10-11) 100 Free/IM/Breast (7-11)
Session 2 – 50 Free, Fly, Breast, 100 Free, Back, Breast, IM
(there is no 100 Fly or no 50 back in session 2)

- HEATS WILL BE SEEDED ON TIMES NOT AGE
- AGE AS AT 31.12.2023 as per SI Guidelines
- PRIZES: MEDALS WILL BE AWARDED TO TOP 3 SWIMMERS IN EACH AGE GROUP.
- AGE GROUPS: 7-9, 10-11, 12, 13-14.
- HEATS WILL BE H.D.W. WITH RESULTS PRESENTED IN AGE GROUPS
- ENTRY SHEETS: IF YOU ARE USING TEAM MANAGER PLEASE EXPORT ENTRY FILES IN HY-TEK AND PDF FORMATS.
- ENTRY DEADLINE: WEDNESDAY 1st FEBRUARY 19:00

ENTRIES TO: Judith O'Connor (EMAIL ONLY)

TEL: 087 204 1298

EMAIL: GALAS@LAOISMARLINS.IE

FEE PAYMENT DEADLINE: WEDNESDAY 8th FEBRUARY

FEES TO: IBAN IE68IPBS99072215619324

Bank: PTSB Portlaoise

EMAIL: treasurer@Laoismarlins.ie

Any points not covered by the above will be at the discretion of the Gala Organisers



Laois Marlins Swimming Club

www.laoismarlins.ie

LIST OF EVENTS

SESSION 1

- EVENT 1: GIRLS 50m Freestyle (11 & Under)
- EVENT 2: BOYS 50m Freestyle (11 & Under)
- EVENT 3: GIRLS 50m Breaststroke (11 & Under)
- EVENT 4: BOYS 50m Breaststroke (11 & Under)
- EVENT 5: MIXED 100m Medley (11 & Under)
- EVENT 6: GIRLS 50m Backstroke (11 & Under)
- EVENT 7: BOYS 50m Backstroke (11 & Under)
- EVENT 8: GIRLS 50m Fly (11 & Under)
- EVENT 9: BOYS 50m Fly (11 & Under)
- EVENT 10: MIXED 100m Freestyle (11 & Under)
- EVENT 11: MIXED 100m Breaststroke (11 & Under)

(BREAK FOR 45 Mins – swimmers swimming in events 11-23 can warm up)

SESSION 2

- EVENT 12: GIRLS 100m Freestyle (Age 12-14)
- EVENT 13: BOYS 100m Freestyle (Age 11-14)
- EVENT 14: GIRLS 50m Fly (Age 12-14)
- EVENT 15: BOYS 50m Fly (Age 12-14)
- EVENT 16: GIRLS 100m Breaststroke (Age 12-14)
- EVENT 17: BOYS 100m Breaststroke (Age 12-14)
- EVENT 18: GIRLS 50m Free (Age 12-14)
- EVENT 19: BOYS 50m Free (Age 12-14)
- EVENT 20: GIRLS 100m Backstroke (Age 12-14)
- EVENT 21: BOYS 100m Backstroke (Age 12-14)
- EVENT 22: GIRLS 50m Breaststroke (Age 12-14)
- EVENT 23: BOYS 50m Breaststroke (Age 12-14)
- EVENT 24: MIXED 100m Medley (Age 12-14)